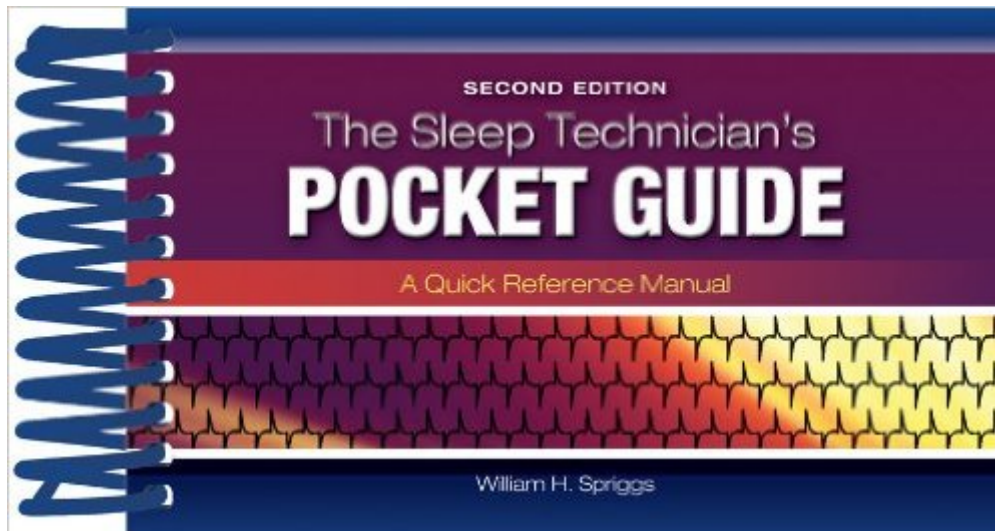


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# The Sleep Technician's Pocket Guide



## Synopsis

The Sleep Technician's Pocket Guide, Second Edition contains all the information sleep technicians need at their fingertips while in the sleep lab •patient hookup, artifacts/troubleshooting, scoring, EKG rhythms, procedures and protocol, drugs and medications, and other basic information for quick reference. Each section is tabbed and color-coded for fast reference. This handy pocket-sized reference guide, created specifically for Sleep Technicians, offers just the right amount of information to help guide actions in the lab. The Pocket Guide is also a great reference and study tool to help prepare for the RPSGT and CPSGT certification exams. Pages are waterproof and stain-proof! All content is updated to reflect the ICSD-3, AASM, and BRPT changes. Table of Contents Chapter 1: Normal Sleep Chapter 2: Sleep Disorders Chapter 3: Patient Flow Process Chapter 4: Life As A Sleep Technician Chapter 5: Diagnostic Equipment Chapter 6: Patient Hookup Procedures Chapter 7: Viewing a Polysomnogram Chapter 8: Artifacts and Troubleshooting Chapter 9: Performing an Overnight Sleep Study Chapter 10: Performing a CPAP Titration Chapter 11: Performing Other Types of Sleep Studies Chapter 12: Sleep Staging Chapter 13: Abnormal Events Chapter 14: Cardiac Rhythms Chapter 15: Scoring and Reporting Chapter 16: Pediatric Sleep Medicine Comprehensive Posttest Answers and Explanations Glossary Index References

## Book Information

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## Customer Reviews

Not worth the money over priced basics, this pocket guide explains full hook up 10/20 EEG placement, belts, ECG, and EMG. It explains sleep apnea, hypopnea, centra apnea, and mixed

apnea in short detail, reference guide for ECG rhythms. Medication list with sleep stage effects. And trouble shooting artifacts sweat ECG etc.. All basics learn in the very beginning I have only looked at this twice while training.

Quick easy guide for sleep techs. Love it!

A must have for new sleep tech !!!!!

great tool

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Sleep Smarter: The Ultimate Guide To Sleep Better, Feel Better By Having Healthy Sleeping Habits (sleep smarter, sleep better, healthy sleep habits, sleep ... healthy sleep, sleep apnea, feel better)  
Sleep Apnea: The Ultimate Guide How To Manage And Treat Your Sleep Apnea (Sleep Apnea Machine, Sleep Apnea Guide, Sleep Apnea Cure, Sleep Apnea Treatment, Sleep Apnea Solution, Book 3)  
My Child Won't Sleep Through the Night: 5 No-Cry Solutions to Solve Your Child's Sleep Issues (Baby Sleep Solutions, Toddler Sleep Problems, Child Sleep Solutions, No-Cry Sleep Solution)  
Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics)  
The Sleep Lady's Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up Happy  
The Promise of Sleep: A Pioneer in Sleep Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep  
Sleep Sleep: Discover How To Fall Asleep Easier, Get A Better Nights Rest & Wake Up Feeling Energized (The Best Sleep Solutions Available From All Natural To ... Treatments To Cure Insomnia & Sleep Easy)  
Sleep Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep and Wake up Refreshed  
The Sleep Technician's Pocket Guide  
Today's Technician: Automotive Heating & Air Conditioning Classroom Manual and Shop Manual (Today's Technician)  
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Aviation Maintenance Technician: Powerplant (Aviation Maintenance Technician series)  
Aviation Maintenance Technician: Airframe: Volume 1: Structures (Aviation Maintenance Technician series)  
Practical Pharmacology for the Pharmacy Technician (Lww Pharmacy Technician Education)  
The Sleep Technician's Flashcards  
My Child Won't Sleep: A Quick Guide for the Sleep-Deprived Parent  
Healthy Sleep Habits, Happy

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